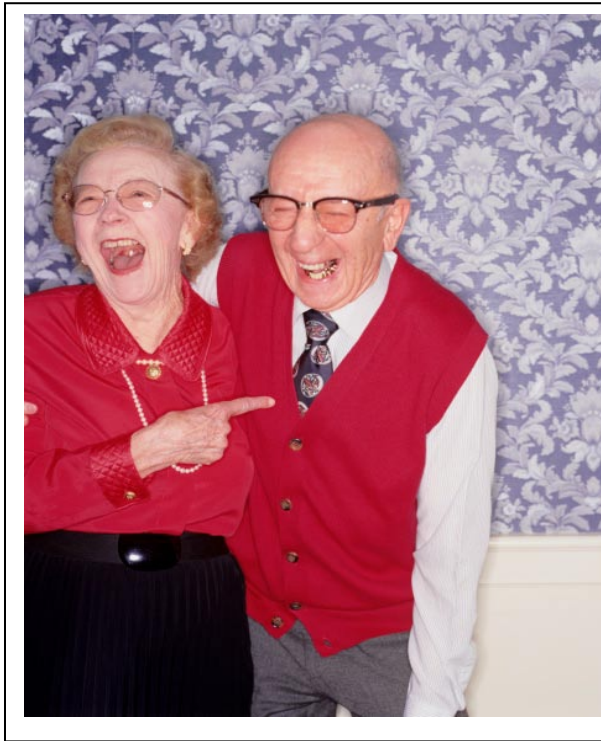




Volunteer...

... and put a smile on a senior's face!



Become a Friendly Visitor!

Spend some time with a local senior at their home.

Share conversation,  
play games together,  
enjoy a pot of tea together –  
simply be a friend!

To  
find  
out  
more

, call the  
CHATS  
Volunteer Department,

905-713-3373  
or  
1-866-677-9048

extension 6051

live well, age well, be well

